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For exchange of information
on nutrition programs
and activities

NUTRITION PROGRAM NEWS

U. S. DEPARTMENT OF AGRICULTURE, WASHINGTON, D. C.

JULY-OCTOBER 1968

Nutrition Committee Members Meet In Minneapolis

MARY M. HILL, Ed.D., *Nutritionist, Consumer and Food Economics Research Division*

In January 1967, participants of the National Nutrition Education Conference recommended that steps be taken to improve communication among nutrition committees including the Federal group—the Interagency Committee on Nutrition Education (ICNE).

Since that time, the ICNE devoted one meeting to a discussion of how to implement this recommendation. The ICNE already sponsors meetings with State and local groups—on a rotating basis—at the annual meetings of the American Home Economics Association, the American Dietetic Association, and the American School Food Service Association. Also, Nutrition Program News exchanges information on nutrition programs and activities.

A subcommittee of ICNE was appointed to—

- Explore ways to further strengthen relations between the ICNE and State nutrition committees.
- Set up mechanics to carry out these suggestions.
- Plan an ICNE-sponsored meeting at the annual meeting of the American Home Economics Association in June 1968, to promote better communications between the ICNE and the State and local committees.

Because of the findings of the 1965-66 Nationwide Food Consumption Survey, the subcommittee decided that the meeting with AHEA should focus on ways to reach target groups with sound nutritional guidance.

In this issue of NPN, we report this joint meeting.

MEETING IN MINNEAPOLIS

The current chairman of the ICNE—Dr. Mary M. Hill—presided at the session, which was attended by approximately 100 people. Mrs. Irene H. Wolgamot, Consumer and Food Economics Research Division, USDA, presented the highlights of the survey and some implications for nutrition education. (See May-June 1968 issue of NPN.)

A symposium on nutrition committees, and how they work, was given by four committee representatives. The symposium was led by Mrs. Margaret Dean, Nutrition Consultant, National American Red Cross.

Connecticut Nutrition Council

Connecticut is a small, somewhat heavily populated State. Mrs. Eloise Eckler, Chief, Nutrition Section, Connecticut State Department of Health, represented the Connecticut council, which celebrated its 20th anniversary last year.

Classes of membership.—Mrs. Eckler reported several classes of membership in the council.

1. Primary organizations: those dealing directly with food and nutrition services or food services in relation to health.
2. Cooperating organizations: those particularly interested in—but not primarily engaged in—food and nutrition work.
3. Individual memberships.
4. Contributing membership: any one of the three above-mentioned classes contributing dues but not otherwise actively engaged.
5. Honorary membership: individuals who have rendered distinguished service to the council.

Program.—The council meets twice a year. Programs usually focus on some current activity or major concern. For example, one meeting last year dealt with the Head Start program in Connecticut.

Other nutrition activities, carried on through subcommittees or through representation on other organization committees, deal with:

- Public health nutrition and social welfare.
- Food service.
- Medicine.
- Dental health.
- Maternal and child health.
- Consumer protection.
- Extension activities.
- Aging.

Utah

Miss C. Aileen Erickson, State Specialist, Home Economics Education, Utah State Board for Vocational and Technical Education, represented the State Nutrition Council of Utah. The council has been active since it was organized in 1934.

Purposes.—Mrs. Erickson gave these purposes:

1. To bring together and coordinate the agencies in the State that have specific programs in nutrition.
2. To distribute reliable nutrition information which interprets recognized research. The council shall act as a unit in endorsing the nutrition material.
3. To act as an advisory group on various nutrition problems as they arise.
4. To cooperate with the Nutrition Programs Service, U.S. Department of Agriculture, and other national or local agencies on projects as the need arises.
5. To work together within the State and sponsor projects in the field of nutrition as the need arises.

Program.—Eight monthly meetings are scheduled for the year.

The members, all representatives of agencies which have a specific interest in nutrition programs, devote the first hour of these meetings to an exchange of information. The second hour is devoted to council business. Utah is a fairly large State and somewhat sparsely populated—one council member drives 600 miles round trip to attend the monthly meetings.

A major project is selected each year. All members are expected to contribute to it. In 1967, in cooperation with the Utah Medical Association, the project was the preparation, publication, and distribution of a leaflet entitled "How To Keep Your Husband Young In Heart." The leaflet includes a few simple principles relating to diet and exercise, and other health habits that help prevent heart disease.

Georgia

Dr. Fannie Lee Boyd, Associate Professor, College of Education, University of Georgia, represented the Georgia Nutrition Council.

Purpose.—Dr. Boyd reported that the Georgia Nutrition Council was established to sponsor meetings for persons interested in nutrition, to distribute nutrition information, and to coordinate nutrition activities in the State. This work is the responsibility of the following sections of the council.

1. Community nutrition.
2. Nutrition education.
3. Food supply and services.
4. Research.

Program.—Although the council has only one general meeting each year, the executive committee meets three times annually to plan and conduct the council's business. Activities are implemented by members in the sections.

At the annual meeting, information is exchanged on major nutrition issues and on the work of the various sections. New members are usually recruited at this meeting.

Tax-exempt status.—The Georgia Nutrition Council has qualified for and received tax-exempt status. This permits activities that would otherwise be impossible because of limited funds. For example, a teenage nutrition

project—planned and conducted by Georgia youth with adult consultation—was initiated by the Extension Service. Tax-exempt status permits the Georgia Nutrition Council to accept donations to underwrite the cost of the now yearly Teenage Conferences.

Greater Los Angeles Nutrition Council (GLANC)

Sara Cina, Dairy Council of California, represented GLANC. This city council was organized in 1952 and has a membership of approximately 100. Members are nutritionists, dietitians, teachers, nurses, and representatives from industry who have an interest and concern in nutrition. Thus, the membership represents a cross section of many groups interested in a common problem.

How council functions.—The council functions as a loosely knit group primarily because of the size of sprawling Los Angeles. Also, the city has one of the largest concentrations of food faddists in the country. This provides the council with a real challenge—how to combat the faddists.

Program.—Since it is impossible for GLANC to reach large numbers of people in the 450 square miles that comprises Los Angeles, this group has concentrated its efforts on providing sound nutrition information to teachers, school nurses, and health educators.

Specific activities.—When health education became a mandatory subject in the eighth and tenth grades of the Los Angeles city schools, the council conducted a nutrition workshop for teachers with limited or no background in health education who were assigned to teach the subject.

A bibliography of recommended readings on foods and nutrition was prepared and made available to anyone who wanted it. Every two years this listing is updated. Price is now 25 cents per copy.

A directory of nutrition services available in Los Angeles County was also prepared. This was distributed to all schools in Los Angeles County.

A brochure, "You Need GLANC," was prepared for initial distribution during Community Health Week in March.

GLANC has limited funds so is using newspapers and the outlets available through agencies represented on the council to get the nutrition facts to the people. Currently the group is working on a series of short ear-catching nutrition statements for radio and TV stations to use on public service time.

DISCUSSION

The discussion was led by Betty Ruth Joyce, Future Homemakers of America, Office of Education, Department of Health, Education, and Welfare. Much interest was displayed in the activities reported by the councils. Similar activities in other States were mentioned or described.

IN CONCLUSION

The presiding officer concluded:

"From what we have heard today, it is evident that we indeed share a common concern—the upgrading, where needed—of diets of people, of all ages, at all economic levels, and in all walks of life.

"We have interagency and interdisciplinary committees working at the State and local levels.

"The ICNE is eager to try to help State and local committees whenever possible if such help is desired. It may be meaningful to you, as a committee, to have, perhaps once a year, a brief report of the status of Federal programs that have a nutrition component.

"By the same token, it would indeed be helpful to the ICNE, to have some idea of the successes and problems at the State and local level.

"If you would like to see the above mentioned ideas implemented, or if you have other ideas for improving communication, please send them to me at the following address:

"Dr. Mary M. Hill
Nutrition Programs Service, CFE, ARS, USDA
Federal Center Building, Hyattsville, Md. 20782."

1968-69 INTERAGENCY COMMITTEE ON NUTRITION EDUCATION (ICNE)

DEPARTMENT OF AGRICULTURE

Agricultural Research Service:

Consumer and Food Economics Research Division—
Mrs. Irene Wolgamot, Dr. Mary Hill.

Human Nutrition Research Division—Mrs. Mary
Marshall, Dr. Willis A. Gortner.

Consumer and Marketing Service:

School Lunch Division—Arthur Holmaas, Mrs. Bertha F. Olsen.

Cooperative State Research Service:

Human Nutrition and Consumer Use Division—Dr.
Gladys Royal, Dr. Mary Beth Minden.

Farmers Home Administration:

Operating Loan Division—Mrs. Ella Mae Berdahl.

Federal Extension Service:

Division of Home Economics—Dr. Evelyn B. Spindler,
Mrs. Helen Turner.

International Agricultural Development Service:

Foreign Training Division—Gertrude Drinker.

DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

Food and Drug Administration:

J. William Boehne, Theresa Demus.

Office of Education:

Bureau of Elementary and Secondary Education—
Elsa Schneider.

Division of Vocational and Technical Education—
Dr. Margaret Alexander, Betty Ruth Joyce.

Public Health Service:

Bureau of Health Services—Helen Ger Olson, Clare
B. Baldauf.

Bureau of Disease Prevention and Environmental
Control—Dr. Ogden Johnson, Mrs. Marjorie Zukel.

National Institutes of Health—Dr. Karl E. Mason,
Dr. Benjamin T. Burton.

Social and Rehabilitation Service:

Children's Bureau—Dr. Margaret G. Phillips, Frances
Shoun, Chairman, ICNE.

DEPARTMENT OF INTERIOR

Fish and Wildlife Service:

Bureau of Commercial Fisheries—Mrs. Rose Kerr,
Dr. Virginia Sidwell.

OFFICE OF ECONOMIC OPPORTUNITY

Dr. Thomas E. Bryant, Sue Sadow

AMERICAN NATIONAL RED CROSS

Mrs. Margaret C. Dean, Vice Chairman, ICNE; Mrs.
Kester L. Hastings.

Liaison Representatives

FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS

North American Regional Office—Dr. Milton Mc-
Roberts, Harold A. Vogel.

PEACE CORPS

David Danielson, Dr. George Little.

PAN AMERICAN HEALTH ORGANIZATION

Health Promotion Branch—Dr. Bertlyn Bosley, Dr.
John Kevany.

Observer

PRESIDENT'S COUNCIL ON PHYSICAL FITNESS

Simon A. McNeely, Dr. William L. Haskell

ICNE Executive Secretary

DEPARTMENT OF AGRICULTURE

Consumer and Food Economics Research Division—
Mabel A. Walker.

STATE NUTRITION COMMITTEE CHAIRMEN

Alabama—Harriet H. Cloud, Center for Developmental
and Learning Disorders, University of Alabama, 1919
7th Avenue South, Birmingham, 35233.

Colorado—Dr. Ferne Bowman (Acting Chairman), Head,
Food Science and Nutrition, Colorado State University,
Fort Collins, 80521.

Connecticut—Mrs. Beatrice R. Yanowetz, Nutrition In-
structor, School of Nursing, St. Francis Hospital, Hart-
ford, 06103.

District of Columbia—Jeanne Clarke, Executive Director,
Dairy Council of Greater Metropolitan Washington,
1511 K Street, N. W., Washington, 20037.

- Georgia—Mrs. Helen Jenkins, Director of Food Service, Emory University, Atlanta, 30333.
- Hawaii—Mrs. Marjorie Abel (Chairman), Chief, Nutrition Branch, State Department of Health, 1250 Punchbowl Street, Honolulu, 96813.
- Illinois, State—Catherine Vial, Riverside Manor Nursing Home, 707 Riverside Drive, Rockford, 61103.
- Illinois, Chicago (Chicago Nutrition Association)—Mrs. Betty Lou Taif, Assistant Director of Nutrition, Chicago Board of Health, Civic Center, LL-117, Chicago, 60602.
- Indiana—Dr. Charlotte Harker, Department of Home Economics, Indiana State University, Terre Haute, 47809.
- Kansas—Elsie Lee Miller, Extension Specialist, Foods and Nutrition, Umberger Hall, Room 201, Kansas State University, Manhattan, 66502.
- Maine—Jane Reed, State Director of Home Economics, Department of Education, State House, Augusta, 04330.
- Maryland—Clare Forbes, Division of Nutrition, Maryland State Department of Health, 301 W. Preston Street, Baltimore, 21201.
- Massachusetts (Subcommittee of the Central Health Council)—Dorothea Nicoll (Acting Chairman), Chief, Nutrition Supervisor, State Department of Public Health, 88 Broad Street, Boston, 02110.
- Minnesota—Dr. Margaret Doyle, University of Minnesota, 255 McNeal Hall, St. Paul, 55101.
- Mississippi—Dr. Sarah Weaver (Chairman), Department of Home Economics, University of Southern Mississippi, Hattiesburg, 39401.
- Montana—Mrs. Fannie Milodragovich, Associate Professor, Foods and Nutrition, Department of Home Economics, University of Montana, Missoula, 59801.
- New Hampshire—Dorothy Kingsbury, Head, Home Economics Department, Teachers College, Keene, 03431.
- New Jersey—Mrs. Miriam Hughes, Director, School Lunch, Department of Education, 225 West State Street, Trenton, 08635.
- New Mexico—Viola Fisher, New Mexico Department of Health, 408 Galisteo Street, Santa Fe, 87501.
- New York, State Nutrition Council—Mary Pfeffer, Public Health Nutritionist, Nassau County Department of Health, 240 Old Country Road, Mineola, 11501.
- New York City (Food and Nutrition Council of Greater New York)—Dr. Seymour Halpern (President), Clinical Associate in Medicine, New York Medical College, 146 Central Park West, New York, 10023. Mrs. Stella Hope Page, Chairman, Planning Board, Director, Project Public Health Nutrition Services, Department of Health, 40 Worth Street, New York, 10013.
- North Carolina (Council on Food and Nutrition)—Elizabeth Jukes (President), Chief, Nutrition Section, State Board of Health, P.O. Box 2091, Raleigh, 27602.
- Ohio—Mrs. Pauline G. Hall, Ohio Cooperative Extension Service, Ohio State University, 1787 Neil Avenue, Columbus, 43210.
- Oklahoma—Dr. Helen Barbour, Head, FNIA Department, Division of Home Economics, Oklahoma State University, Stillwater, 74074.
- Rhode Island—Mrs. Evelyn Mason, Cooperative Extension Service, Woodward Hall, University of Rhode Island, Kingston, 02881.
- South Carolina—Janie McDill (Cochairman), Due West, 29639. Dr. Hilla Sheriff (Cochairman), Director, Maternal and Child Health Division, State Board of Health, Columbia, 29201.
- Tennessee—Nazza Noble, Extension Nutritionist, Box 1071, University of Tennessee, Knoxville, 37901.
- Texas—Dr. Mary Wanda Harp, Head, Department of Home Economics, Lamar State College of Technology, Beaumont, 77704.
- Utah—Mrs. Ruth Wheeler, Associate Professor, Food and Nutrition, Family Life Building, Utah State University, Logan, 84321.
- Vermont—Dr. Ellen Morse, Department of Home Economics, Terrill Hall, University of Vermont, Burlington, 05401.
- Virginia (Subcommittee of the Virginia Council of Health and Medical Care)—Mrs. Edna C. Evans, Cafeteria Manager, Federal Reserve Bank of Richmond, Ninth and Franklin Streets, Richmond, 23219.
- Washington—Dan L. Boyd, Administrative Officer, Consumer Food Programs Field Office, C&MS, USDA, Federal Office Building, 909 First Avenue, Seattle, 98104.
- West Virginia—Babette Graff, Assistant Professor, Nutrition Division of Family Resources, College of Human Resources and Education, West Virginia University, Morgantown, 26506.
- Puerto Rico—Dr. Ellis H. Plyler, Colegio Pedagogia, Universidad de Puerto Rico, Recinto de Rio Piedras, Rio Piedras, 00931.
- Virgin Islands—Mrs. Julia Taylor Wallace, Director, Bureau of Nutrition Services, Department of Health, St. Thomas, 00802.